

2014 James B. Francis / Andrea Kofahl Memorial 5K  
August 23, 2014

Results by Yen Timing Services  
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5K Results

PLACE	NAME	TIME	MILE PACE	1MILE SPLIT	AGE	AGEGROUP	PLACES & IN	SEX	
1	Joshua Perks	17:30	5:38	5:36	40	1/15	M40-49	M#	1
2	Josh Harter	17:42	5:42	5:35	39	1/13	M30-39	M#	2
3	Mike Tarantino	18:12	5:52	5:38	31	2/13	M30-39	M#	3
4	Joseph Hendron	18:18	5:54	5:45	18	1/24	M16-19	M#	4
5	Dave Biscoff	18:27	5:57	5:51	52	1/17	M50-59	M#	5
6	John VanKerkhove	18:41	6:01	5:55	52	2/17	M50-59	M#	6
7	Karen Blodgett	18:47	6:03	5:53	38	1/11	F30-39	F#	1
8	Mathew Preston	18:56	6:06	6:08	16	2/24	M16-19	M#	7
9	EJ Boyce	19:04	6:09	6:31	33	3/13	M30-39	M#	8
10	Tom Demmer	19:04	6:09	5:47	17	3/24	M16-19	M#	9
11	Andrew Caffrey	19:12	6:11	6:02	36	4/13	M30-39	M#	10
12	Jeff Winden	19:37	6:19	6:26	42	2/15	M40-49	M#	11
13	Matthew Ruhland	19:41	6:20	5:56	16	4/24	M16-19	M#	12
14	Jorae Rodriavez	19:41	6:21	6:04	29	1/7	M20-29	M#	13
15	Joe Williams	19:48	6:23	6:15	41	3/15	M40-49	M#	14
16	Peter Kostarellis	19:57	6:26	6:21	13	1/29	M13-15	M#	15
17	Anna Kostarellis	19:57	6:26	6:21	15	1/22	F13-15	F#	2
18	Campbell Andresen	20:03	6:27	6:00	15	2/29	M13-15	M#	16
19	David O'Leary	20:26	6:35	6:19	54	3/17	M50-59	M#	17
20	Casey Eich	20:31	6:37	6:22	16	5/24	M16-19	M#	18
21	Gregory Nowakowski	20:36	6:38	6:21	46	4/15	M40-49	M#	19
22	Gregory Dick	20:42	6:40	6:34	17	6/24	M16-19	M#	20
23	Matthew Merrill	20:45	6:41	6:30	36	5/13	M30-39	M#	21
24	Dan Ward	20:47	6:42	6:31	37	6/13	M30-39	M#	22
25	Cody Waasdorp	20:57	6:45	6:42	16	7/24	M16-19	M#	23
26	Ethan Hilbert	20:58	6:45	6:42	14	3/29	M13-15	M#	24
27	Paul Suflita	20:58	6:45	6:42	15	4/29	M13-15	M#	25
28	Nicholas Tenebruso	21:04	6:47	6:32	15	5/29	M13-15	M#	26
29	Clarissa Hensler	21:05	6:48	6:33	14	2/22	F13-15	F#	3
30	Megan Hyland	21:11	6:49	6:31	35	2/11	F30-39	F#	4
31	Keith Scott	21:14	6:50	6:41	52	4/17	M50-59	M#	27
32	Tyler Gaus	21:28	6:55	6:41	15	6/29	M13-15	M#	28
33	Rich Boyce	21:30	6:55	6:45	37	7/13	M30-39	M#	29
34	Bill Beyerbach	21:38	6:58	6:46	59	5/17	M50-59	M#	30
35	Connor Bolom	21:48	7:01	6:49	16	8/24	M16-19	M#	31
36	Dylan Gaus	21:49	7:02	6:39	14	7/29	M13-15	M#	32
37	John Cannon	21:54	7:03	6:56	53	6/17	M50-59	M#	33
38	Jushin Montagno	21:57	7:04	6:55	20	2/7	M20-29	M#	34
39	Anthony Catacom	22:02	7:06	6:40	16	9/24	M16-19	M#	35
40	Beth Anne DeCianti	22:05	7:07	7:02	52	1/10	F50-59	F#	5
41	David Hulme	22:11	7:09	6:33	19	10/24	M16-19	M#	36
42	Jim May	22:12	7:09	7:02	68	1/15	M60-69	M#	37
43	Jonathan Skuza	22:16	7:10	6:53	14	8/29	M13-15	M#	38
44	Carl Aaron	22:23	7:13	6:40	17	11/24	M16-19	M#	39
45	Jennifer Sikorski	22:25	7:13	7:03	38	3/11	F30-39	F#	6
46	Mark Battaglia	22:25	7:13	7:08	46	5/15	M40-49	M#	40
47	Michael Yacono	22:40	7:18	7:07	30	8/13	M30-39	M#	41
48	Jared Ziegler	22:41	7:19	7:02	16	12/24	M16-19	M#	42
49	Avery Midla	22:41	7:19	6:50	17	13/24	M16-19	M#	43
50	Wilton Alston	22:44	7:19	7:13	55	7/17	M50-59	M#	44
51	Daniel Davis	22:45	7:20	6:52	17	14/24	M16-19	M#	45

52	Joshua Statt	22:48	7:21	7:22	15	9/29	M13-15	M#	46
53	Tyler Bentivegna	22:49	7:21	7:03	15	10/29	M13-15	M#	47
54	Kevin Dick	22:53	7:22	6:57	15	11/29	M13-15	M#	48
55	Haley Arguien	22:58	7:24	7:06	14	3/22	F13-15	F#	7
56	Jeremy Gargano	23:00	7:25	6:39	32	9/13	M30-39	M#	49
57	Tyler Stewart	23:02	7:25	6:48	14	12/29	M13-15	M#	50
58	Bill Clauss	23:02	7:25	7:27	63	2/15	M60-69	M#	51
59	Emma Eastridge	23:05	7:26	7:20	16	1/15	F16-19	F#	8
60	Paul Spaulding	23:05	7:26	7:11	48	6/15	M40-49	M#	52
61	Andrew Davis	23:09	7:27	7:00	28	3/7	M20-29	M#	53
62	Douglas DeWeaver	23:11	7:28	7:24	56	8/17	M50-59	M#	54
63	Meagan Arguien	23:11	7:28	7:00	15	4/22	F13-15	F#	9
64	Brendan Wilson	23:15	7:29	7:07	14	13/29	M13-15	M#	55
65	Dave Winden	23:17	7:30	7:06	33	10/13	M30-39	M#	56
66	Hunter Potts	23:29	7:34	6:42	14	14/29	M13-15	M#	57
67	Sarah Rappleye	23:31	7:35	7:30	15	5/22	F13-15	F#	10
68	Emily Wagner	23:31	7:35	7:25	16	2/15	F16-19	F#	11
69	Erin Mahoney	23:42	7:38	7:26	30	4/11	F30-39	F#	12
70	Kaylee Cassidy	23:52	7:41	7:25	17	3/15	F16-19	F#	13
71	Matt McMulln	23:55	7:42	6:42	12	1/12	M0-12	M#	58
72	Robert Drayn	24:08	7:46	7:48	60	3/15	M60-69	M#	59
73	Aidan Healy	24:21	7:51	7:11	13	15/29	M13-15	M#	60
74	Bill Crowe	24:28	7:53	7:53	64	4/15	M60-69	M#	61
75	Greg Karl	24:30	7:53	7:41	67	5/15	M60-69	M#	62
76	Brady Alessi	24:33	7:54	7:12	14	16/29	M13-15	M#	63
77	Joe Karppinski	24:39	7:56	7:56	56	9/17	M50-59	M#	64
78	Danielle Foeller	24:56	8:02	7:38	17	4/15	F16-19	F#	14
79	Marissa Dispenza	25:07	8:06	7:42	17	5/15	F16-19	F#	15
80	Katheryn Flynn	25:08	8:06	7:41	17	6/15	F16-19	F#	16
81	Anna Doyle	25:09	8:06	7:45	17	7/15	F16-19	F#	17
82	Marie White	25:15	8:08	7:54	54	2/10	F50-59	F#	18
83	Sarah Farnom	25:23	8:10	7:49	15	6/22	F13-15	F#	19
84	Tom Lamme	25:44	8:17	7:52	67	6/15	M60-69	M#	65
85	Karen Godshall	25:59	8:22	8:08	50	3/10	F50-59	F#	20
86	Greg Marchione	26:02	8:23	7:55	43	7/15	M40-49	M#	66
87	Samuel Rivera	26:05	8:24	7:44	28	4/7	M20-29	M#	67
88	Derek Bates	26:10	8:26	7:26	16	15/24	M16-19	M#	68
89	Caitie Stair	26:10	8:26	7:42	13	7/22	F13-15	F#	21
90	Ron Ziegler	26:13	8:27	8:31	50	10/17	M50-59	M#	69
91	Cameron Ziegler	26:13	8:27	8:32	14	17/29	M13-15	M#	70
92	Mica Pitcher	26:14	8:27	7:51	17	8/15	F16-19	F#	22
93	Genevieve Ruhland	26:15	8:27	7:52	17	9/15	F16-19	F#	23
94	Nathan Henry	26:16	8:28	7:42	14	18/29	M13-15	M#	71
95	Zach Cooper	26:23	8:30	7:51	16	16/24	M16-19	M#	72
96	Madison Murray	26:26	8:31	8:06	13	8/22	F13-15	F#	24
97	Jeanne Herrick	26:29	8:32	8:17	63	1/4	F60-69	F#	25
98	Dwight Rogers	26:34	8:33	8:17	73	1/7	M70+	M#	73
99	Jack Kasperski	26:35	8:34	8:27	63	7/15	M60-69	M#	74
100	David Kennedy	26:43	8:36	8:26	60	8/15	M60-69	M#	75
101	Andrew Nicchitta	26:48	8:38	8:07	16	17/24	M16-19	M#	76
102	Casey Woodall	26:52	8:39	7:57	18	10/15	F16-19	F#	26
103	Amanda Wade	26:55	8:40	8:34	28	1/2	F20-29	F#	27
104	Jen Popen	26:58	8:41	8:28	42	1/12	F40-49	F#	28
105	Robert Stellman	27:04	8:43	8:26	54	11/17	M50-59	M#	77
106	Nick Franco	27:05	8:43	8:06	17	18/24	M16-19	M#	78
107	Kristen Gawron	27:06	8:44	8:32	15	9/22	F13-15	F#	29
108	Andrew Disnmore	27:10	8:45	8:07	17	19/24	M16-19	M#	79
109	Allen Hulme	27:25	8:50	8:39	46	8/15	M40-49	M#	80
110	Chuck Martin	27:32	8:52	8:25	68	9/15	M60-69	M#	81
111	Benjamin Hughes	27:52	8:58	8:09	14	19/29	M13-15	M#	82
112	Nicholas Baxter	28:03	9:02	8:58	9	2/12	M0-12	M#	83
113	Lynda McGuire	28:04	9:02	9:02	66	2/4	F60-69	F#	30

114	Morgan Brothers	28:08	9:04	8:51	15	10/22	F13-15	F#	31
115	Lianna Liu	28:08	9:04	8:50	15	11/22	F13-15	F#	32
116	Amanda Canfield	28:08	9:04	8:51	17	11/15	F16-19	F#	33
117	Elaine Williams	28:08	9:04	8:51	14	12/22	F13-15	F#	34
118	Lydia Todd	28:18	9:07	8:06	13	13/22	F13-15	F#	35
119	Shane Lyons	28:20	9:08	8:29	14	20/29	M13-15	M#	84
120	Pam Nudd	28:22	9:08	9:23	53	4/10	F50-59	F#	36
121	Bob Otto	28:30	9:11	9:06	75	2/7	M70+	M#	85
122	Nathan Stephenson	28:31	9:11	8:31	15	21/29	M13-15	M#	86
123	Marilyn Bader	28:32	9:11	9:01	46	2/12	F40-49	F#	37
124	Jacob Egan	28:38	9:13	9:21	15	22/29	M13-15	M#	87
125	Joey Schmitz	28:44	9:15	8:04	14	23/29	M13-15	M#	88
126	Kyle Kelly	28:52	9:18	8:41	19	20/24	M16-19	M#	89
127	Cade Chesler	28:54	9:19	8:28	12	3/12	M0-12	M#	90
128	Meagan Bader	28:56	9:19	8:56	14	14/22	F13-15	F#	38
129	Elizabeth Ruhland	28:57	9:19	8:57	14	15/22	F13-15	F#	39
130	Maddie Boccacci	28:59	9:20	8:50	15	16/22	F13-15	F#	40
131	Ken Switnicki	29:04	9:22	9:00	54	12/17	M50-59	M#	91
132	Stephen Hedges	29:23	9:28	9:00	65	10/15	M60-69	M#	92
133	Tom Hawkins	29:25	9:28	8:47	56	13/17	M50-59	M#	93
134	Josh Anthony	29:30	9:30	7:58	15	24/29	M13-15	M#	94
135	Mary Crowe	29:35	9:32	9:04	58	5/10	F50-59	F#	41
136	Elijah Renz	29:40	9:33	9:21	12	4/12	M0-12	M#	95
137	Josiah Renz	29:40	9:33	9:21	19	21/24	M16-19	M#	96
138	Zach Southcott	29:41	9:34	9:21	15	25/29	M13-15	M#	97
139	Scott Standhart	29:46	9:35	9:42	41	9/15	M40-49	M#	98
140	Walter Standhart	29:49	9:36	9:42	69	11/15	M60-69	M#	99
141	Ron Whitlock	30:03	9:41	9:31	70	3/7	M70+	M#	100
142	Sarah Brutovski	30:03	9:41	9:33	39	5/11	F30-39	F#	42
143	Jenna Burr	30:21	9:46	8:47	17	12/15	F16-19	F#	43
144	Zackary Cuien	30:26	9:48	9:02	15	26/29	M13-15	M#	101
145	Cody McNaughton	30:27	9:48	8:37	24	5/7	M20-29	M#	102
146	Sid Bolton	30:36	9:51	9:37	72	4/7	M70+	M#	103
147	Jill Behr-Medved	31:01	9:59	9:41	57	6/10	F50-59	F#	44
148	Shannon Convertino	31:04	10:00	9:25	17	13/15	F16-19	F#	45
149	Wendy Wicks	31:24	10:07	9:56	52	7/10	F50-59	F#	46
150	Gregory Vleck	31:35	10:10	9:53	65	12/15	M60-69	M#	104
151	Christina Ruhland	31:37	10:11	10:28	46	3/12	F40-49	F#	47
152	Jennifer Gaudino	31:43	10:13	10:12	41	4/12	F40-49	F#	48
153	Bob Dow	32:03	10:19	11:08	53	14/17	M50-59	M#	105
154	Ian Ruhland	32:03	10:19	10:29	11	5/12	M0-12	M#	106
155	Megan Cooper	32:11	10:22	10:19	12	1/4	F0-12	F#	49
156	Mitzie Lewandowski	32:14	10:23	10:27	67	3/4	F60-69	F#	50
157	Elizabeth Woods	32:16	10:24	10:18	39	6/11	F30-39	F#	51
158	Mauricio Hernandez	32:19	10:24	9:05	29	6/7	M20-29	M#	107
159	Jamilyn Keele	32:19	10:24	9:20	15	17/22	F13-15	F#	52
160	Tara Baxter	32:30	10:28	10:37	35	7/11	F30-39	F#	53
161	Jason Sapienza	32:30	10:28	9:45	13	27/29	M13-15	M#	108
162	Kimberly Orban	32:34	10:29	10:55	51	8/10	F50-59	F#	54
163	David Sapienza	32:37	10:30	9:45	38	11/13	M30-39	M#	109
164	Nicklos Carpino	32:42	10:32	10:04	54	15/17	M50-59	M#	110
165	Gabi Batz	32:52	10:35	9:19	14	18/22	F13-15	F#	55
166	Bryan Renehan	32:58	10:37	10:20	47	10/15	M40-49	M#	111
167	Maggie Andersen	33:09	10:40	9:24	11	2/4	F0-12	F#	56
168	Jill Sutter	33:18	10:43	10:34	43	5/12	F40-49	F#	57
169	Jill Krenzer	33:27	10:46	10:54	35	8/11	F30-39	F#	58
170	Cecelia Allchin	33:30	10:47	11:01	13	19/22	F13-15	F#	59
171	Cassidy Wiesmore	33:30	10:47	11:00	14	20/22	F13-15	F#	60
172	Jaime Kofahl	33:30	10:47	10:54	32	9/11	F30-39	F#	61
173	Abigail Allchin	33:31	10:48	11:00	11	3/4	F0-12	F#	62
174	Kyle Foeller	33:49	10:53	10:33	12	6/12	M0-12	M#	112
175	Lisa Aycock	34:14	11:01	10:54	46	6/12	F40-49	F#	63

176	Tom Tytler	34:23	11:04	10:21	66	13/15	M60-69	M#	113
177	Jason Franca	35:15	11:21	9:44	33	12/13	M30-39	M#	114
178	Britney Regan	35:18	11:22	10:16	14	21/22	F13-15	F#	64
179	Heather DeWolf	35:19	11:22	10:15	40	7/12	F40-49	F#	65
180	Donald Galetto	35:24	11:24	11:16	62	14/15	M60-69	M#	115
181	James Nesbitt	35:30	11:26	11:44	62	15/15	M60-69	M#	116
182	Cassandra Pettry	35:30	11:26	11:45	44	8/12	F40-49	F#	66
183	Carolyn Kriesen	35:32	11:27	10:43	70	1/2	F70+	F#	67
184	Charles Sabatine	35:36	11:28	11:16	81	5/7	M70+	M#	117
185	Madisyn Baxter	35:55	11:34	10:37	13	22/22	F13-15	F#	68
186	Chris Pessagno	37:26	12:03	11:39	63	4/4	F60-69	F#	69
187	Gary Williams	37:47	12:10	11:22	43	11/15	M40-49	M#	118
188	Mikayla Tolliver	37:48	12:10	11:36	12	4/4	F0-12	F#	70
189	Hunter Reap	37:53	12:12	9:24	17	22/24	M16-19	M#	119
190	Edye Dow	38:10	12:18	11:13	52	9/10	F50-59	F#	71
191	Don Haag	38:14	12:19	12:02	75	6/7	M70+	M#	120
192	Mario Ianniello	38:23	12:22	11:40	8	7/12	M0-12	M#	121
193	Luigi Ianniello	38:24	12:22	11:56	38	13/13	M30-39	M#	122
194	Nate Rodriguez	39:03	12:34	11:39	17	23/24	M16-19	M#	123
195	Laura Westfall	39:21	12:40	12:07	55	10/10	F50-59	F#	72
196	Donna Fletcher	39:22	12:40	13:46	49	9/12	F40-49	F#	73
197	Kathy Rostarellis	39:58	12:52	12:06				F#	74
198	Karensa Reber	40:04	12:54	12:00	16	14/15	F16-19	F#	75
199	Sean Reber	40:04	12:54	12:02	44	12/15	M40-49	M#	124
200	Marc Wiggins	40:05	12:54	12:05	52	16/17	M50-59	M#	125
201	Tim Sutton	40:06	12:55	11:58	40	13/15	M40-49	M#	126
202	Mike Shone	40:07	12:55	11:58	50	17/17	M50-59	M#	127
203	Jeremy Williams	40:16	12:58	9:24	14	28/29	M13-15	M#	128
204	Ian Cooper	40:17	12:58		9	8/12	M0-12	M#	129
205	Colton Batz	40:18	12:59		9	9/12	M0-12	M#	130
206	Luke Williams	40:56	13:11	12:03	12	10/12	M0-12	M#	131
207	Kitty Tolliver	42:13	13:36	12:46	46	10/12	F40-49	F#	76
208	Abdel Albino Toro	44:14	14:15	13:38	9	11/12	M0-12	M#	132
209	Abdel Albino	44:25	14:18	13:35	47	14/15	M40-49	M#	133
210	Eileen Stair	45:26	14:38	14:02	48	11/12	F40-49	F#	77
211	James Williams	46:59	15:08	12:26	16	24/24	M16-19	M#	134
212	Alysia Boughton	46:59	15:08	12:26	17	15/15	F16-19	F#	78
213	Chris Barone	48:27	15:36	14:32	40	15/15	M40-49	M#	135
214	Joanne Carr	49:26	15:55	15:28	76	2/2	F70+	F#	79
215	Maura Arendt	49:26	15:55	15:27	46	12/12	F40-49	F#	80
216	Christopher Cullen	51:22	16:32	15:54	13	29/29	M13-15	M#	136
217	Lisa Reyes	52:57	17:03	15:44	31	10/11	F30-39	F#	81