

Flat n' Fast 5k
Windham, NH 6/9/2019
Results by Millennium Running

Place	Div/Tot	Div	Bib	Name	Age	Sex	City	State	Guntime	Nettime	Pace	De
1	1/2	MOPEN	287	Samuel Fazioli	27	M	Salem	NH	15:49	15:48.6	5:06	Wii
2	1/17	M20-29	111	Jacob Wormald	23	M	Pelham	NH	16:01	16:00.6	5:10	
3	2/17	M20-29	8601	Andrew Erickson	23	M	Lebanon	NH	16:11	16:10.1	5:13	
4	3/17	M20-29	8625	Colin Smith	25	M	Lowell	MA	16:14	16:12.6	5:14	
5	1/8	M13-15	159	Luke Brennan	15	M	Derry	NH	16:16	16:15.1	5:14	
6	1/22	M30-39	8632	Jaidiby Zapata	34	M	Milford	NH	16:21	16:20.6	5:16	
7	2/22	M30-39	101	Mark Furler	36	M	Hollis	NH	16:59	16:56.9	5:28	
8	3/22	M30-39	8603	Alex Hall	32	M	E Thetford	VT	17:02	17:01.0	5:29	
9	1/32	M40-49	146	Joshua Perks	44	M	Windham	NH	17:06	17:05.5	5:31	
10	4/17	M20-29	8604	Kyle Dunn	29	M	Lebanon	NH	17:12	17:11.6	5:33	
11	4/22	M30-39	218	Brandyn Naro	32	M	Raymond	NH	17:14	17:13.3	5:33	
12	2/8	M13-15	260	Rohan Rai	15	M	Windham	NH	17:21	17:21.0	5:36	
13	5/22	M30-39	8606	Jotham Burnett	39	M	Canaan	NH	17:51	17:48.8	5:44	
14	1/1	FOPEN	226	Jaclyn Solimine	24	F	Haverhill	MA	18:00	17:59.6	5:48	
15	5/17	M20-29	8612	Joe Disalvo	26	M	Buckfield	ME	18:01	18:00.3	5:48	
16	1/4	M16-19	293	Christian Smith	18	M	Londonderry	NH	18:06	18:04.0	5:49	
17	3/8	M13-15	44	Trey Gonzalez	15	M	Windham	NH	18:14	18:13.1	5:52	
18	6/22	M30-39	259	Nicholas Gregory	33	M	Derry	NH	18:23	18:22.4	5:55	
19	1/32	M50-59	279	Scott Grandfield	54	M	Rehoboth	MA	18:26	18:25.7	5:56	
20	7/22	M30-39	8641	Eddie Clements	39	M	Salem	NH	18:28	18:26.0	5:56	
21	1/16	F20-29	285	Katherine Estep	23	F	Nashua	NH	18:45	18:43.0	6:02	
22	2/32	M50-59	8649	Brian Ruhm	54	M	Hollis	NH	18:45	18:43.0	6:02	
23	4/8	M13-15	8623	Will Plante	15	M	Londonderry	NH	18:47	18:45.2	6:03	
24	1/23	F30-39	1	Mary Klene	35	F	Manchester	NH	18:48	18:46.6	6:03	
25	1/4	F16-19	282	Hirsh Ramani	16	F	Windham	NH	19:29	19:26.2	6:16	
26	2/4	M16-19	257	Jacob Kuczynski	17	M	Windham	NH	19:48	19:45.4	6:22	
27	2/32	M40-49	229	Geoff Dunbar	48	M	Hanover	NH	19:49	19:45.7	6:22	
28	3/32	M50-59	176	Christopher Simard	51	M	Nashua	NH	19:50	19:48.0	6:23	
29	2/23	F30-39	145	Cailin Early	37	F	Windham	NH	19:56	19:53.1	6:24	
30	4/32	M50-59	8613	Rich Disalvo	53	M	Derry	NH	19:57	19:54.3	6:25	
31	2/16	F20-29	227	Sara Vannah	23	F	White River Juncti	VT	20:02	19:59.0	6:26	
32	8/22	M30-39	12	Grant Klene	38	M	Manchester	NH	20:08	20:02.3	6:27	
33	5/32	M50-59	179	Mark Crane	52	M	Nashua	NH	20:11	20:08.7	6:30	
34	9/22	M30-39	243	Eric Smith	32	M	Concord	NH	20:28	20:20.7	6:33	
35	6/32	M50-59	186	Rob Daniels	57	M	Canaan	NH	20:31	20:23.9	6:34	
36	3/32	M40-49	170	Nate Burns	41	M	Nashua	NH	20:30	20:27.2	6:35	
37	3/16	F20-29	8608	Sadie Farnsworth	20	F	Hampstead	NH	20:33	20:29.1	6:36	
38	4/32	M40-49	253	Emmet Clifford	49	M	Dunstable	MA	20:46	20:43.4	6:41	
39	7/32	M50-59	34	Brian Arsenault	53	M	Hudson	NH	20:52	20:44.5	6:41	
40	3/4	M16-19	114	Christopher Houde	19	M	Windham	NH	20:52	20:49.7	6:43	
41	4/4	M16-19	212	Marshal Pesaturo	19	M	Windham	NH	20:53	20:51.2	6:43	
42	1/50	F40-49	288	Yuki Chorney	47	F	Mont Vernon	NH	21:09	21:04.2	6:47	
43	6/17	M20-29	142	David Heeps	28	M	Merrimack	NH	21:26	21:11.0	6:50	
44	5/32	M40-49	228	Stephen Rouleau	40	M	Nashua	NH	21:25	21:21.8	6:53	
45	1/31	F50-59	254	Lisa Zappala	58	F	Derry	NH	21:27	21:26.7	6:55	
46	6/32	M40-49	276	James Lowry	41	M	Windham	NH	21:45	21:27.7	6:55	
47	10/22	M30-39	232	Ronald Gallant	33	M	Methuen	MA	21:38	21:34.4	6:57	
48	5/8	M13-15	8654	Joseph Guarnaccia	13	M	Windham	NH	21:52	21:36.7	6:58	
49	2/2	MOPEN	8622	Jason Plante		M	Londonderry	NH	21:46	21:38.8	6:59	
50	7/32	M40-49	8666	Paul Landry	45	M	Amesbury	MA	22:00	21:41.9	7:00	
51	7/17	M20-29	74	Colin Lagos	24	M	Windham	NH	21:59	21:53.8	7:03	
52	8/32	M40-49	139	Seth Dyer	42	M	Brooklyn	NY	22:01	21:57.0	7:04	
53	1/17	M60-69	144	Scott Abercrombie	69	M	Salem	NH	21:58	21:57.7	7:05	
54	2/50	F40-49	230	Nancy Dunbar	47	F	Hanover	NH	22:09	22:00.7	7:06	
55	3/50	F40-49	299	Kimberly Murphy	49	F	Windham	NH	22:13	22:05.4	7:07	
56	8/17	M20-29	8602	Robert Jones	29	M	Hanover	NH	22:19	22:07.4	7:08	
57	11/22	M30-39	124	Jonathan Tobey	36	M	Derry	NH	22:18	22:14.7	7:10	
58	3/23	F30-39	247	Lisa Perks	38	F	Windham	NH	22:24	22:20.1	7:12	
59	6/8	M13-15	8670	William Collins	13	M	Windham	NH	22:38	22:25.4	7:14	

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60	9/32	M40-49	197	Scott Reiff	47	M	Windham,	NH	22:31	22:26.3	7:14	1
61	8/32	M50-59	283	John Warrington	59	M	Hudson	NH	22:42	22:26.5	7:14	1
62	2/17	M60-69	8638	Trevor Ward	69	M	Merrimack	NH	22:39	22:31.0	7:15	1
63	10/32	M40-49	246	Dan Guttman	44	M	Windham	NH	22:56	22:49.6	7:21	1
64	11/32	M40-49	277	Jose Ochoa	47	M	Nashua	NH	22:55	22:51.5	7:22	1
65	12/32	M40-49	8620	Greg Mullen	43	M	Windham	NH	23:04	22:52.6	7:22	1
66	13/32	M40-49	8657	Rob Barry	44	M	Londonderry	NH	22:59	22:53.2	7:22	1
67	4/50	F40-49	8639	Kirsten Kortz	41	F	Hampstead	NH	23:07	23:00.7	7:25	1
68	9/32	M50-59	189	Michael Jean	51	M	Londonderry	NH	23:21	23:09.7	7:28	1
69	1/17	F60-69	235	Nancy Corsaro	60	F	Methuen	MA	23:13	23:11.4	7:28	1
70	4/23	F30-39	217	Amanda Naro	32	F	Raymond	NH	23:23	23:17.7	7:30	1
71	5/50	F40-49	274	Rebecca Dorr	43	F	Nashua	NH	23:28	23:21.1	7:31	1
72	3/17	M60-69	158	Bruce Conti	60	M	Nashua	NH	23:28	23:23.8	7:32	1
73	2/31	F50-59	187	Laurie Reed	58	F	Lebanon	NH	23:37	23:28.5	7:34	1
74	14/32	M40-49	289	Eric Chorney	42	M	Mont Vernon	NH	23:45	23:40.3	7:38	1
75	4/17	M60-69	172	Jim Peters	62	M	Derry	NH	24:03	23:47.7	7:40	1
76	6/50	F40-49	129	Emily Kaminsky	45	F	Salem	NH	23:58	23:48.6	7:40	1
77	10/32	M50-59	8668	John Tommai	54	M			24:16	23:54.4	7:42	1
78	11/32	M50-59	286	Kevin Goyette	52	M	Hampstead	NH	24:01	23:57.0	7:43	1
79	12/32	M50-59	216	Scott Rebhun	58	M	Grantham	NH	24:12	24:01.7	7:45	1
80	3/31	F50-59	141	Adriana Tyers	52	F	Milford	NH	24:13	24:05.8	7:46	1
81	1/28	F0-12	8629	Laurel Geller	12	F	Hollis	NH	24:09	24:06.2	7:46	1
82	7/50	F40-49	8628	Sharon Geller	42	F	Hollis	NH	24:20	24:18.6	7:50	1
83	4/31	F50-59	294	Gina Joubert	55	F	Merrimack	NH	24:27	24:20.8	7:51	1
84	8/50	F40-49	126	Soula Bousios	41	F	Salem	NH	24:36	24:27.1	7:53	1
85	15/32	M40-49	177	Matt Rhodes	43	M	Londonderry	NH	24:44	24:29.7	7:54	1
86	1/12	M0-12	237	Jonathan Dinitto	9	M	Windham	NH	24:48	24:31.1	7:54	1
87	12/22	M30-39	121	Nathaniel Dyer	32	M	Boston	MA	24:49	24:43.1	7:58	1
88	5/17	M60-69	174	James Burnett	69	M	Canaan	NH	25:01	24:48.6	8:00	1
89	5/23	F30-39	8609	Amy Omalley	32	F	Windham	NH	25:09	24:52.5	8:01	1
90	13/22	M30-39	59	Richard Russo Jr	36	M	Windham	NH	25:11	24:54.7	8:02	1
91	13/32	M50-59	169	David Riese	56	M	Windham	NH	25:07	25:01.4	8:04	1
92	14/22	M30-39	8621	Tim Wilber	39	M	Windham	NH	25:34	25:01.6	8:04	1
93	9/17	M20-29	71	Sam Wilder	22	M	Derry	NH	25:17	25:05.2	8:05	1
94	14/32	M50-59	100	Julio Burgo	50	M	Milford	NH	25:16	25:07.5	8:06	1
95	5/31	F50-59	280	Tammy Gaffey	51	F	Pepperell	MA	25:13	25:07.5	8:06	1
96	6/31	F50-59	8605	Patty Crothera	59	F	Derry	NH	25:25	25:09.5	8:06	1
97	15/22	M30-39	60	Jasper Cottle	32	M	Bennington	NH	25:23	25:12.8	8:07	1
98	16/32	M40-49	210	Richard Christian	47	M	Derry	NH	25:29	25:13.2	8:08	1
99	10/17	M20-29	57	Zach Breton	23	M	Windham	NH	25:27	25:22.4	8:10	1
100	6/17	M60-69	82	Richard Dwyer	68	M	Windham	NH	25:40	25:22.8	8:11	1
101	11/17	M20-29	72	Chris Wilder	20	M	Derry	NH	25:41	25:30.5	8:13	1
102	16/22	M30-39	231	Joseph Ingaharro	38	M	Methuen	MA	25:50	25:35.8	8:15	1
103	1/12	M80-UP	284	Ken Houle	72	M	Milton	NH	25:46	25:38.4	8:16	1
104	9/50	F40-49	190	Lisa Jean	47	F	Londonderry	NH	25:58	25:47.5	8:19	1
105	2/12	M0-12	148	Aiden Golden	10	M	Derry	NH	26:03	25:57.1	8:22	1
106	17/22	M30-39	291	James Nemechek	38	M	Mt Pleasant	MI	26:12	26:01.1	8:23	1
107	7/31	F50-59	270	Linda Knippers	58	F	Mont Vernon	NH	26:22	26:07.8	8:25	1
108	17/32	M40-49	87	Glenn Chaloux	41	M	Windham	NH	26:42	26:19.2	8:29	1
109	8/31	F50-59	296	Kristina Durocher	50	F	Hampstead	NH	26:26	26:19.3	8:29	1
110	10/50	F40-49	245	Lisa Ferrisi	40	F	Windham	NH	26:29	26:21.7	8:30	1
111	15/32	M50-59	89	Joseph Meli	54	M	Hudson	NH	27:08	26:23.1	8:30	1
112	18/32	M40-49	224	Jose Velho	49	M	Derry	NH	26:50	26:34.3	8:34	1
113	2/17	F60-69	8619	Karen Mead	61	F	Bedford	NH	27:03	26:35.4	8:34	1
114	11/50	F40-49	8669	Lauren Collins	44	F	Windham	NH	26:53	26:39.3	8:35	1
115	4/16	F20-29	205	Danielle Pelletier	24	F	Derry	NH	26:57	26:41.7	8:36	1
116	6/23	F30-39	213	Allyson Scott	37	F	Derry	NH	26:54	26:46.6	8:38	1
117	18/22	M30-39	236	Chris Dinitto	36	M	Windham	NH	27:20	27:02.8	8:43	1
118	5/16	F20-29	182	Nikki Kinneen	23	F	Salem	NH	27:28	27:02.8	8:43	1
119	12/50	F40-49	8633	Patsy Leuing	42	F	Derry	NH	27:10	27:04.5	8:43	1
120	2/12	M80-UP	118	Dave Dyer	70	M	Haverhill	MA	27:08	27:04.9	8:43	1
121	12/17	M20-29	181	Kyle Gaudette	24	M	Salem	NH	27:30	27:05.8	8:44	1
122	19/32	M40-49	112	Matthew Shapiro	47	M	Hudson	NH	27:07	27:06.3	8:44	1
123	1/6	F70-UP	223	Elizabeth Gonnerman	74	F	Hanover	NH	27:25	27:07.7	8:44	1
124	20/32	M40-49	8661	Troy Wells	46	M	Windham	NH	27:23	27:12.9	8:46	1
125	13/50	F40-49	168	Kristina Thompson	49	F	Bradford	NH	27:25	27:16.9	8:47	1
126	14/50	F40-49	275	Rebecca Zachas	47	F	Windham	NH	28:20	27:19.5	8:48	1

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127	13/17	M20-29	64	Luther Vigneault	24	M	Amesbury	MA	27:48	27:36.1	8:54	1
128	16/32	M50-59	199	Mark Lutter	58	M	Hudson	NH	27:54	27:37.0	8:54	1
129	3/12	M0-12	125	Landon Bennett	12	M	Derry	NH	27:42	27:38.4	8:54	1
130	2/28	F0-12	269	Makayla Evans	11	F	Derry	NH	27:56	27:43.4	8:56	1
131	4/12	M0-12	8662	Trevor Wells	9	M	Windham	NH	27:55	27:45.6	8:57	1
132	9/31	F50-59	248	Denise Sarnie	56	F	Windham	NH	28:06	27:46.6	8:57	1
133	7/17	M60-69	8645	Gary Somogie	64	M			28:09	27:49.6	8:58	1
134	8/17	M60-69	211	Tom Kolb	63	M	Merrimack	NH	27:50	27:49.7	8:58	1
135	3/17	F60-69	297	Jane Allen	61	F	Derry	NH	28:03	27:53.0	8:59	1
136	3/28	F0-12	8663	Carly Wells	12	F	Windham	NH	28:05	27:55.7	9:00	1
137	21/32	M40-49	298	Rick Ames	49	M	Lowell	MA	28:27	28:09.8	9:04	1
138	17/32	M50-59	163	Bernard Madore	50	M	Derry	NH	29:01	28:11.5	9:05	1
139	18/32	M50-59	225	Deivi Cee	55	M	Windham	NH	28:44	28:12.6	9:05	1
140	10/31	F50-59	175	Ellen Chandler	58	F	New London	NH	28:42	28:23.6	9:09	1
141	22/32	M40-49	267	Kevin Young	47	M	Hampstead	NH	29:12	28:43.1	9:15	1
142	6/16	F20-29	63	Tia Roy	25	F	Haverhill	MA	29:12	28:45.2	9:16	1
143	5/12	M0-12	8611	Logan Reift	9	M	Windham	NH	28:54	28:48.4	9:17	1
144	2/4	F16-19	222	Olivia Sundman	18	F	Windham	NH	29:07	28:54.5	9:19	1
145	4/28	F0-12	8651	Sarah Guarnaccia	12	F	Windham	NH	29:19	29:03.6	9:22	1
146	15/50	F40-49	8652	Melissa Guarnaccia	44	F	Windham	NH	29:23	29:06.9	9:23	1
147	23/32	M40-49	94	Dan Houde	43	M	Epsom	NH	29:37	29:18.8	9:27	1
148	7/23	F30-39	65	Kaleigh Hayes	33	F	Danville	NH	29:33	29:20.6	9:27	1
149	19/22	M30-39	132	Matt Wieland	34	M	Salem	NH	29:34	29:26.6	9:29	1
150	8/23	F30-39	137	Jennifer Martin	32	F	Salem	NH	29:37	29:28.3	9:30	1
151	11/31	F50-59	135	Ann Slagle	55	F	Salem	NH	29:43	29:35.1	9:32	1
152	24/32	M40-49	271	Scott Guillemette	48	M	Nashua	NH	30:02	29:38.3	9:33	1
153	6/12	M0-12	265	Dominik Evans	9	M	Derry	NH	29:54	29:40.7	9:34	1
154	25/32	M40-49	8640	Adam Gerhard	43	M	Newmarket	NH	29:58	29:42.7	9:34	1
155	19/32	M50-59	238	Douglas Phair	58	M	Salem	NH	30:08	29:43.5	9:35	1
156	7/16	F20-29	7	Kelsey Pescia	29	F	Londonderry	NH	29:59	29:44.2	9:35	1
157	16/50	F40-49	120	Sarah Thayer	45	F	South Burlington	VT	29:49	29:44.5	9:35	1
158	9/17	M60-69	140	Paul Sorenson	63	M	Manchester	NH	30:11	29:44.6	9:35	1
159	17/50	F40-49	123	Kristeen Parent	40	F	Hudson	NH	30:40	29:50.6	9:37	1
160	12/31	F50-59	188	Jean Manning	56	F	Derry	NH	30:24	29:52.0	9:37	1
161	1/2	F13-15	127	Konstantina Bousios	15	F	Salem	NH	30:03	29:52.7	9:37	1
162	13/31	F50-59	8703	Renee Dickson	51	F	Londonderry	NH	30:08	29:56.1	9:39	1
163	7/8	M13-15	128	Sokratis Bousios	13	M	Salem	NH	30:07	29:56.9	9:39	1
164	2/6	F70-UP	268	Aline Kenney	70	F	Nashua	NH	30:15	29:59.9	9:40	1
165	4/17	F60-69	160	Connie Nolan	60	F	Windham	NH	30:22	30:02.2	9:41	1
166	18/50	F40-49	8630	Maura Desmarais	49	F	Chester	NH	30:18	30:08.0	9:42	1
167	10/17	M60-69	173	Paul Goodin	62	M	Concord	NH	30:27	30:08.2	9:42	1
168	19/50	F40-49	193	Karen Young	46	F	Hampstead	NH	30:44	30:14.2	9:44	1
169	20/50	F40-49	203	Anne Garside	47	F	Windham	NH	30:42	30:18.0	9:46	1
170	9/23	F30-39	8642	Abigail Samsel	32	F	Manchester	NH	30:41	30:20.7	9:47	1
171	21/50	F40-49	221	Michelle Sundman	49	F	Windham	NH	31:30	30:30.0	9:49	1
172	5/17	F60-69	8646	Beverly Somogie	63	F			30:59	30:38.9	9:52	1
173	10/23	F30-39	250	Tiffany Begin-Stearns	32	F	Manchester	NH	31:07	30:48.0	9:55	1
174	22/50	F40-49	8665	Alyssa Landry	46	F	Amesbury	MA	31:10	30:50.9	9:56	1
175	20/32	M50-59	8650	Joe Guarnaccia	50	M	Windham	NH	31:09	30:52.5	9:57	1
176	26/32	M40-49	38	Many Sousa	45	M	Windham	NH	31:26	31:03.8	10:00	1
177	14/17	M20-29	239	Evan Phair	22	M	Salem	NH	31:38	31:13.0	10:03	1
178	21/32	M50-59	252	John Dooney	55	M	Derry	NH	31:54	31:24.6	10:07	1
179	3/12	M80-UP	290	Shu Minami	81	M	Mont Vernon	NH	32:16	32:01.6	10:19	1
180	23/50	F40-49	8648	Suzy Butler	45	F	Bedford	NH	32:54	32:04.0	10:20	1
181	24/50	F40-49	152	Sheleen Kontos	43	F	Sandown	NH	32:17	32:05.9	10:20	1
182	11/17	M60-69	37	Frederick Anderson	67	M	Windham	NH	32:29	32:10.1	10:22	1
183	6/17	F60-69	178	Linda Russell	62	F	Sandown	NH	32:45	32:11.2	10:22	1
184	27/32	M40-49	8644	Billy Williams	44	M	Nashua	NH	32:19	32:15.1	10:23	1
185	7/17	F60-69	200	Linda Lutter	65	F	Hudson	NH	32:33	32:16.1	10:24	1
186	8/17	F60-69	8607	Audrey Farnsworth	60	F	Hampstead	NH	32:58	32:38.5	10:31	1
187	4/12	M80-UP	278	Howard Price	73	M	Nashua	NH	33:15	32:50.9	10:35	1
188	25/50	F40-49	138	Wendy Corr	44	F	Windham	NH	33:45	32:57.4	10:37	1
189	8/16	F20-29	73	Heather Sears	28	F	East Hampstead	NH	33:27	33:06.1	10:40	1
190	7/12	M0-12	8653	Christopher Guarnaccia	10	M	Windham	NH	33:26	33:09.7	10:41	1
191	12/17	M60-69	8617	Michael Lucci	60	M	Derry	NH	33:20	33:12.7	10:42	1
192	14/31	F50-59	198	Louise Chevalier	59	F	Derry	NH	33:40	33:25.2	10:46	1

Flat n' Fast 5k

193	28/32	M40-49	80	G.B. Boyd	41	M	Quincy	MA	34:10	33:26.2	10:46	1
194	5/12	M80-UP	75	Raymond Boutotte	73	M	Pepperell	MA	33:42	33:29.7	10:47	1
195	26/50	F40-49	8637	Kerri Haskins	48	F	Danville	NH	33:43	33:30.3	10:48	1
196	27/50	F40-49	147	Tricia Golden	46	F	Derry	NH	33:36	33:30.5	10:48	1
197	22/32	M50-59	8643	Paul Schofield	55	M	Hampstead	NH	33:57	33:35.7	10:49	1
198	6/12	M80-UP	300	Michael Gonnerman	76	M	Hanover	NH	34:06	33:37.7	10:50	1
199	28/50	F40-49	8664	Donna Wells	47	F	Windham	NH	34:45	34:16.9	11:03	1
200	29/50	F40-49	8636	Kathy Serpico	46	F	Windham	NH	34:45	34:17.6	11:03	1
201	30/50	F40-49	88	Stephanie Bartley	49	F	Windham	NH	34:32	34:18.3	11:03	1
202	9/16	F20-29	164	Shelby Madore	26	F	Raymond	NH	35:07	34:18.8	11:03	1
203	7/12	M80-UP	281	Peter McDonough	77	M	Manchester	NH	34:54	34:21.3	11:04	1
204	20/22	M30-39	219	Mark Vose	38	M	Windham	NH	34:39	34:22.4	11:04	1
205	29/32	M40-49	150	Sean Barrett	47	M	Derry	NH	35:36	34:37.9	11:09	1
206	23/32	M50-59	8702	Dave Incerto	51	M	Derry	NH	34:50	34:38.4	11:09	1
207	31/50	F40-49	8610	Amanda Klimowig	41	F	Londonderry	NH	35:04	34:39.6	11:10	1
208	11/23	F30-39	8635	Aura Huot	34	F	Manchester	NH	34:56	34:50.4	11:13	1
209	9/17	F60-69	93	Karin Strand-Pelich	63	F	Concord	NH	35:11	34:52.3	11:14	1
210	15/31	F50-59	162	Peg Landry	59	F	Windham	NH	35:18	34:57.5	11:16	1
211	16/31	F50-59	68	Beth Wilder	56	F	Derry	NH	35:35	35:09.4	11:19	1
212	32/50	F40-49	295	Amanda Lawrence	41	F	Windham	NH	35:30	35:16.1	11:22	1
213	8/12	M80-UP	47	Bob Peate	70	M	Windham	NH	35:46	35:27.4	11:25	1
214	8/12	M0-12	8659	Ben Barry	6	M			36:10	35:47.7	11:32	1
215	24/32	M50-59	220	Philip Petschek	58	M	Chelmsford	MA	36:21	35:50.4	11:33	2
216	33/50	F40-49	78	Johanna Lisle Newbold	42	F	Nashua	NH	36:21	35:50.6	11:33	2
217	12/23	F30-39	81	Karen Carberry	37	F	North Andover	MA	36:33	35:56.1	11:34	2
218	10/17	F60-69	53	Julie Weaver	69	F	Atkinson	NH	36:43	36:08.4	11:38	2
219	13/17	M60-69	8618	Dave Ferreira	68	M	Windham	NH	36:50	36:28.7	11:45	2
220	14/17	M60-69	161	Tom Nolan	62	M	Windham	NH	36:51	36:29.1	11:45	2
221	34/50	F40-49	91	Joanne Johnson	40	F	Sandown	NH	37:15	36:46.6	11:51	2
222	30/32	M40-49	99	Alex Fragione	46	M	Methuen	MA	37:24	36:46.8	11:51	2
223	11/17	F60-69	171	Jenna Grimaldi	60	F	Derry	NH	37:14	36:54.6	11:53	2
224	35/50	F40-49	86	Nicole Chaloux	40	F	Windham	NH	37:43	37:17.5	12:01	2
225	13/23	F30-39	244	Cassidy Swanson	30	F	Concord	NH	37:52	37:25.5	12:03	2
226	9/12	M0-12	102	Andrew Lagasse	12	M	Derry	NH	37:59	37:35.5	12:06	2
227			166	Pending Ent Team Runamuck					38:26	37:35.8	12:07	2
228	14/23	F30-39	249	Nicole Labelle	32	F	Atkinson	NH	38:42	37:50.7	12:11	2
229	36/50	F40-49	98	Jessica Fragione	42	F	Methuen	MA	38:29	37:53.4	12:12	2
230	15/17	M60-69	85	Robert Uttero	65	M	Merrimack	NH	38:08	37:59.7	12:14	2
231	12/17	F60-69	84	Debra Uttero	61	F	Merrimack	NH	38:09	37:59.8	12:14	2
232	17/31	F50-59	214	Rosane Peltz	57	F	Windham	NH	38:10	38:00.9	12:15	2
233	15/23	F30-39	90	Anne Altman	31	F	Milford	NH	38:31	38:03.0	12:15	2
234	9/12	M80-UP	92	Charles Morganson	72	M	Derry	NH	38:59	38:04.8	12:16	2
235	10/16	F20-29	39	Gena Stearns	28	F	Windham	NH	38:30	38:10.7	12:18	2
236	37/50	F40-49	180	Elizabeth Lamport	43	F	Londonderry	NH	38:46	38:17.1	12:20	2
237	11/16	F20-29	143	Kaylie Pelletier	25	F	Merrimack	NH	38:49	38:20.8	12:21	2
238	12/16	F20-29	184	Abigail Haswell	25	F	Derry	NH	38:58	38:49.1	12:30	2
239	31/32	M40-49	105	Jason Lagasse	41	M	Derry	NH	39:17	38:54.4	12:32	2
240	5/28	F0-12	104	Madison Lagasse	9	F	Derry	NH	39:21	38:58.7	12:33	2
241	38/50	F40-49	103	Laurie Lagasse	41	F	Derry	NH	39:34	39:10.9	12:37	2
242	18/31	F50-59	272	Kathy Roche	51	F	Windham	NH	40:39	39:38.9	12:46	2
243	19/31	F50-59	206	Ruth Harbilas	56	F	Windham	NH	40:17	39:56.1	12:52	2
244	13/17	F60-69	134	Donna O'Dell	66	F	Salem	NH	40:04	39:56.3	12:52	2
245	20/31	F50-59	133	Sheryl Caruso	50	F	Salem	NH	40:04	39:57.0	12:52	2
246	16/23	F30-39	154	Elizabeth Mallon	30	F	Salem	NH	39:58	39:57.1	12:52	2
247	17/23	F30-39	153	Michelle Jones	31	F	Sandown	NH	39:58	39:57.1	12:52	2
248	39/50	F40-49	149	Nicole Barrett	45	F	Derry	NH	40:58	39:57.6	12:52	2
249	6/28	F0-12	9	Katie Coleman	10	F	Derry	NH	40:32	40:00.9	12:53	2
250	13/16	F20-29	61	Athena Dennis	26	F	Haverhill	MA	40:55	40:28.3	13:02	2
251	21/31	F50-59	54	Brenda Golden	52	F	Windham	NH	40:47	40:40.0	13:06	2
252	25/32	M50-59	55	Michael Golden	56	M	Windham	NH	40:48	40:40.9	13:06	2
253	15/17	M20-29	58	Connor Golden	24	M	Windham	NH	40:49	40:41.2	13:06	2
254	32/32	M40-49	233	Joseph Strigle	43	M	Nashua	NH	41:53	40:45.9	13:08	2
255	40/50	F40-49	262	Lisa Martin	48	F	Windham	NH	41:12	40:51.7	13:10	2
256	10/12	M0-12	8658	Sam Barry	10	M			41:29	41:07.6	13:15	2
257	22/31	F50-59	8634	Mary Mavengl	58	F	Newbury	MA	42:10	41:07.9	13:15	2
258	14/17	F60-69	8624	Bonny Caghin	66	F	Derry	NH	42:18	41:13.0	13:16	2
259	10/12	M80-UP	191	Bob Mullen	73	M	Windham	NH	42:20	41:15.2	13:17	2

Flat n' Fast 5k

260	7/28	F0-12	2	Aurora Guzman	9	F	Derry	NH	41:47	41:16.5	13:18	2:
261	16/17	M60-69	49	Joseph Phillips	67	M	Norwich	VT	42:03	41:34.1	13:23	2:
262	23/31	F50-59	208	Rita Bergeron	55	F	Windham	NH	42:54	41:54.3	13:30	2:
263	8/28	F0-12	14	Emerald Mellen	9	F	Derry	NH	43:08	42:34.1	13:43	2:
264	9/28	F0-12	27	Briana Jaskal	10	F	Derry	NH	43:08	42:34.4	13:43	2:
265	21/22	M30-39	8626	Jon Meilleur	30	M	Derry	NH	43:22	42:47.1	13:47	2:
266	10/28	F0-12	8631	Hailey Kindred	10	F	Derry	NH	43:21	42:47.8	13:47	2:
267	11/28	F0-12	16	Mariah Eldredge	10	F	Detry	NH	43:22	42:50.1	13:48	2:
268	12/28	F0-12	3	Megan Dolan	10	F	Derry	NH	43:26	42:56.2	13:50	2:
269	24/31	F50-59	17	Andrea Kelly	52	F	Londonderry	NH	43:54	43:08.6	13:54	2:
270	11/12	M80-UP	256	Dick Kuhl	84	M	Bedford	NH	44:00	43:15.4	13:56	2:
271	41/50	F40-49	234	Kimberly Stewart	49	F	Nashua	NH	44:23	43:16.4	13:56	2:
272	13/28	F0-12	11	Averie Crooker	10	F	Derry	NH	43:47	43:17.0	13:56	2:
273	18/23	F30-39	255	Jessica Desjardins	35	F	Chester	NH	44:18	43:27.0	14:00	2:
274	26/32	M50-59	207	Spiro Harbilas	56	M	Windham	NH	43:49	43:27.6	14:00	2:
275	42/50	F40-49	209	Renee Christian	44	F	Derry	NH	43:54	43:30.1	14:01	2:
276	19/23	F30-39	46	Samantha Cormier	32	F	Methuen	MA	46:04	44:07.5	14:13	2:
277	22/22	M30-39	45	Sean Cormier	35	M	Methuen	MA	46:04	44:07.6	14:13	2:
278	17/17	M60-69	69	Dan Wilder	60	M	Derry	NH	45:33	44:39.6	14:23	2:
279	12/12	M80-UP	192	Bob Welts	85	M	Amherst	NH	45:17	44:53.7	14:27	2:
280	14/28	F0-12	29	Becky Nelson	8	F	Derry	NH	45:34	44:54.9	14:28	2:
281	20/23	F30-39	30	Megan Nelson	32	F	Derry	NH	45:34	44:55.1	14:28	2:
282	15/28	F0-12	242	Cassie Tasker	11	F	Stoneham	MA	45:43	45:10.6	14:33	2:
283	2/2	F13-15	241	Katelynn Tasker	13	F	Stoneham	MA	45:43	45:13.2	14:34	2:
284	16/28	F0-12	8615	Daniella D'Onofrio	11	F	Derry	NH	45:57	45:24.8	14:38	2:
285	21/23	F30-39	240	Aleece D'Onofrio	35	F	Stoneham	MA	46:01	45:29.0	14:39	2:
286	25/31	F50-59	40	Heather Porter	53	F	Nashua	NH	47:52	47:16.2	15:13	3:
287	15/17	F60-69	202	Ellen Kolb	60	F	Merrimack	NH	48:46	47:57.3	15:27	3:
288	16/17	F60-69	194	Diane Casey	63	F	Chester	NH	48:10	47:58.5	15:27	3:
289	43/50	F40-49	8656	Carrie Nagel	43	F	Londonderry	NH	48:29	48:05.2	15:29	3:
290	11/12	M0-12	8660	Tyler Barry	6	M	Londonderry	NH	48:30	48:06.1	15:29	3:
291	17/28	F0-12	5	Lindsay Grenda	11	F	Derry	NH	48:47	48:07.2	15:30	3:
292	44/50	F40-49	4	Kimberly Grenda	40	F	Derry	NH	48:47	48:07.4	15:30	3:
293	8/8	M13-15	67	Ben Edwards	15	M	Chichester	NH	48:44	48:07.9	15:30	3:
294	45/50	F40-49	66	Michelle Edwards	48	F	Chichester	NH	48:45	48:08.9	15:30	3:
295	17/17	F60-69	48	Judy Phillips	66	F	Norwich	VT	49:18	48:48.8	15:43	3:
296	16/17	M20-29	8616	Matthew Smith	27	M	Derry	NH	49:33	48:59.1	15:46	3:
297	12/12	M0-12	33	Kallee McLaughlin	11	M	Derry	NH	49:33	48:59.3	15:47	3:
298	3/6	F70-UP	292	Cindy Harrington	71	F	Windham	NH	51:12	50:38.1	16:18	3:
299	46/50	F40-49	31	Jessica Sugrue	41	F	Manchester	NH	51:47	51:18.0	16:31	3:
300	47/50	F40-49	8655	Heather Moynihan	47	F	Windham	NH	52:19	51:27.1	16:34	3:
301	27/32	M50-59	151	John Moynihan	55	M	Windham	NH	52:20	51:27.6	16:34	3:
302	22/23	F30-39	113	Beth O'Connell	33	F	Raymond	NH	51:39	51:27.6	16:34	3:
303	23/23	F30-39	41	Sarah Zeezima	37	F	Carlisle	MA	52:14	51:40.2	16:38	3:
304	28/32	M50-59	215	Gerson Peltz	59	M	Windham	NH	51:55	51:45.9	16:40	3:
305	26/31	F50-59	25	Annette Gervais	59	F	Manchester	NH	52:38	52:00.0	16:45	3:
306	4/6	F70-UP	122	Suzanne Cloutier	71	F	Hampton	NH	53:03	52:09.8	16:48	3:
307	17/17	M20-29	117	Nathaniel Houde	22	M	Windham	NH	53:36	52:32.3	16:55	3:
308	29/32	M50-59	116	Michael Houde	56	M	Windham	NH	53:36	52:33.0	16:55	3:
309	3/4	F16-19	115	Jo-Ann Houde	19	F	Windham	NH	53:39	52:36.4	16:56	3:
310	18/28	F0-12	28	Faith Goodwin	10	F	Derry	NH	53:52	53:14.1	17:09	3:
311	19/28	F0-12	10	Lily Ortiz	11	F	Derry	NH	53:51	53:14.4	17:09	3:
312	20/28	F0-12	96	Ysabelle Houde	9	F	Epsom	NH	53:35	53:16.3	17:09	3:
313	21/28	F0-12	95	Julianne Houde	7	F	Epsom	NH	53:35	53:16.5	17:09	3:
314	48/50	F40-49	97	Sarah Paone	41	F	Windham	NH	53:41	53:22.8	17:11	3:
315	5/6	F70-UP	8627	Donna Berard	70	F	Atkinson	NH	53:30	53:24.4	17:12	3:
316	49/50	F40-49	15	Rylee Sugrue	41	F	Manchester	NH	54:04	53:25.7	17:12	3:
317	22/28	F0-12	26	Abby Crooker	10	F	Derry	NH	54:05	53:25.9	17:12	3:
318	23/28	F0-12	24	Brynlei Come	11	F	Derry	NH	54:09	53:30.5	17:14	3:
319	24/28	F0-12	264	Julia Chretien	11	F	Derry	NH	54:13	53:34.1	17:15	3:
320	14/16	F20-29	8667	Joanna French	27	F	Boston	MA	58:11	53:42.6	17:18	3:
321	27/31	F50-59	273	Linda Rose-French	55	F	Derry	NH	58:11	53:42.7	17:18	3:
322	25/28	F0-12	19	Claire Burke	10	F	Derry	NH	57:29	56:44.8	18:16	4:
323	26/28	F0-12	8	Peyton McLeod	10	F	Derry	NH	57:29	56:44.9	18:16	4:
324	27/28	F0-12	6	Laylani Foley	10	F	Derry	NH	57:30	56:45.4	18:17	4:
325	50/50	F40-49	21	Kelly Herr	43	F	Salem	NH	58:45	58:07.5	18:43	4:

Flat n' Fast 5k

326	15/16	F20-29	13	Mariah Meskell	25	F	Derry	NH	59:00	58:09.8	18:44	4:
327	30/32	M50-59	18	Michael Kelly	52	M	Londonderry	NH	59:01	58:10.1	18:44	4:
328	28/28	F0-12	8614	Mercedez Ayala	11	F	Derry	NH	59:01	58:21.3	18:47	4:
329	31/32	M50-59	157	Joseph Lopresti	52	M	East Hampstead	NH	59:52	58:55.4	18:58	4:
330	28/31	F50-59	196	Laurie Liffmann	57	F	Salem	NH	59:52	58:55.4	18:58	4:
331	16/16	F20-29	183	Lydia Haswell	22	F	Derry	NH	1:01:05	1:00:02.2	19:20	4:
332	29/31	F50-59	185	Emily Haswell	51	F	Derry	NH	1:01:04	1:00:02.3	19:20	4:
333	32/32	M50-59	156	Lori Lopresti	52	M	East Hampstead	NH	1:02:13	1:01:15.2	19:43	4:
334	6/6	F70-UP	263	Kathleen Hunt	71	F	Hampstead	NH	1:02:18	1:01:19.9	19:45	4:
335	30/31	F50-59	201	Dina Moury	54	F	Windham	NH	1:02:18	1:01:20.6	19:45	4:
336	31/31	F50-59	167	Debbie Walles	55	F	Derry	NH	1:05:05	1:04:01.1	20:37	4:
337	4/4	F16-19	165	Kira Cote	17	F	Derry	NH	1:05:09	1:04:04.2	20:38	4: